

AMY MAROLF FITNESS

FITNESS + NUTRITION COACH

MEDIA KIT



ABOUT ME

Amy Marolf is a fitness and nutrition coach, fitfluential, Colorado native and proud mama. She inspires people all over the United States to lead a fit, strong life and helps them reach their health and fitness goals. Many of Amy's clients and fans are drawn to her because of her healthy work-life balance, her work hard, play hard mentality and her positive vibes!

When she's not in the gym or building her business, you can find her in the mountains (her happy place), at a studio learning how to hip-hop dance, loving her friends and family hard, or taking her son on an epic adventure!

AUDIENCE DEMOGRAPHICS

79% WOMEN 25-49 YEARS OLD 89% USA

SOCIAL MEDIA REACH



6,700+ Followers



2,100+ Likes



4,000+ Monthly website views

COLLABORATIONS



ATHLETA



FEATURED IN

5280
[THE DENVER MAGAZINE]



CONTACT INFORMATION

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